

## Henry Beaufort

At Henry Beaufort, students are encouraged to speak to their tutors in the first instance. They should speak to the school safeguarding team in the case of any safeguarding matters:

<https://www.beaufort.hants.sch.uk/contact/bullying-and-safeguarding-concerns/safeguarding>

If you are experiencing bullying, you can also report it via Call it Out, using the QR code found here: <https://www.beaufort.hants.sch.uk/contact/report-a-concern>

## King's School

King's has a Welfare Team. The people in the team, listed below, will be able to help or to point you in the right direction:

Mrs Berridge – Guidance Manager ([J.Berridge@kings-winchester.hants.sch.uk](mailto:J.Berridge@kings-winchester.hants.sch.uk))

Miss Sketcher – Pastoral Support Worker

Mr Nichols – Pastoral Support Worker

Mrs Baxter – Pastoral Support Worker

## Perins

If you are in need of support with school life at Perins for any reason, please speak to your tutor or Head of Year in the first instance.

Further support is available from their Guidance Managers within the Student Support Services team. Here are some of the people who can help you:

Mr Calver – Student Support Services Manager ([Calver@perins.hants.sch.uk](mailto:Calver@perins.hants.sch.uk))

Mrs Stone – Guidance Manager

Mr Jackson – Guidance Manager

Perins has a counsellor – Lucy Clarke. If you would like to arrange counselling sessions, contact Mr Calver. Please be aware there may be some waiting time.

Perins is also developing an alternative provision for students with a diagnosis of Social, Emotional and Mental Health needs. Places are allocated by Hampshire County Council following an assessment of needs. See this link for more details:

<https://www.perins.net/2024/06/06/the-station-opening-september-2024/>

## Peter Symmonds

Peter Symmonds has staff available in the **Hub** who can support you with health and wellbeing. They run groups for students with specific needs such as autism and for the LGBTQ+

community. Counselling sessions can also be arranged. For more information about this email: [Counselling@psc.ac.uk](mailto:Counselling@psc.ac.uk).

### **Westgate School**

At Westgate, your first port of call should be your tutor or Head of Year. The designated lead for Mental Health is Mrs Evans. To email any member of staff, use this email and put the name of the teacher you would like to get in touch with as the subject (e.g. FAO Mrs Evans) [contact@westgate.hants.sch.uk](mailto:contact@westgate.hants.sch.uk).

If you experience bullying, you can report it via the Pupil Support help box or the 'Call it Out. Kick it Out' email address: [callitout@westgate.hants.sch.uk](mailto:callitout@westgate.hants.sch.uk).

### **Swanmore College**

Swanmore has a Wellbeing team who are dedicated to supporting students. They also have Wellbeing Champions who are students themselves. (You can contact Mrs Egerton to get involved with this.)

For pastoral care, you can get in touch with your Tutor, your Head of Year or Deputy Head of Year. The names of the Deputy Heads of Year are listed below with a contact email address:

<b>Year 7 - Mr Cuffe</b>	<a href="mailto:y7-help@swanmore-sec.hants.sch.uk">y7-help@swanmore-sec.hants.sch.uk</a>
<b>Year 8 - Miss Davies</b>	<a href="mailto:y8-help@swanmore-sec.hants.sch.uk">y8-help@swanmore-sec.hants.sch.uk</a>
<b>Year 9 – Miss Primmer</b>	<a href="mailto:y9-help@swanmore-sec.hants.sch.uk">y9-help@swanmore-sec.hants.sch.uk</a>
<b>Year 10 -Mr Sok</b>	<a href="mailto:y10-help@swanmore-sec.hants.sch.uk">y10-help@swanmore-sec.hants.sch.uk</a>
<b>Year 11 -</b>	<a href="mailto:y11-help@swanmore-sec.hants.sch.uk">y11-help@swanmore-sec.hants.sch.uk</a>