

Job Description



Job Title:	Walk and Talk counsellor
Reports to:	Clinical Lead at WYC
Type of Contract:	Sessional Contract
Start Date:	June 2024
Hours:	6 hours per week
Salary:	Sessional rate £27.00 per hour. A one off payment of £50 towards outdoor clothing will be made. Travel expenses will be paid in order to travel between locations. (Invoices to be sent to WYC monthly, which will be paid by WYC)
Employer:	Winchester Youth Counselling (WYC)
Place of Work:	Base – Offices at WYC but walk and talk sessions will take place in rural areas of Winchester district, such as Swanmore, Wickham, Alresford. Travel will be needed to these locations
Annual Leave:	46 weeks per year paid contract initially for 1 year only (renewable depending on funding)
Date of JD:	28 th March 2024

Job Summary:

To carry out individual walk and talk sessions with young people aged 11-25 (majority of young people will be neuro-diverse or be awaiting a possible diagnosis). These sessions will take place outdoors.

Roles & Responsibilities:

- To see young people for weekly walk and talk sessions as directed by the Clinical Lead. Sessions will take place in the district of Winchester in rural areas, such as Wickham, Swanmore, Alresford.
- To liaise with WYC staff, GP's and other professionals as and when necessary.
- To attend weekly clinical supervision which will be provided on by Winchester Youth Counselling.
- To act within the Ethical Framework of the British Association of Counselling and Psychotherapy and to follow the policies and procedures of Winchester Youth Counselling and Winchester College.
- Counsellor will need to keep notes and update appointments on Tacklit.

- Clinical Supervision: WYC will provide free supervision, supervision will be on a weekly basis by supervisor appointed by WYC. Supervision will take place on a Monday 2pm-3.30pm and counsellor will need to attend supervision in their own time.
- Post will be subject to an Enhanced DBS and references check which will be carried out by WYC.
- To have the use of a car and be able to travel to rural areas in the district of Winchester

Person Specification

Qualifications	Essential	Desirable
BACP accredited counsellor or be eligible for accreditation	✓	
Experience	Essential	Desirable
To have some post qualification experience of working with young people aged 11-25. To be able to have the use of car and have a clean driving licence.	✓	
Criteria	Essential	Desirable
Have experience of working with young people aged 11-25 particularly young people who are neuro-diverse	✓	
Be able to liaise and build working relationships with other professionals and agencies.	✓	
To be able to work flexibly	✓	
To be able to communicate with parents of young people if required	✓	
Excellent communication skills required and an ability to work under pressure	✓	
Be able to work on own initiative and be well organised	✓	
To be able to work in all weathers, to keep a regular check on the weather forecast and to liaise with Clinical Lead over any safety concerns	✓	
Have experience of being in own therapy for at least 2 years	✓	
To be able to work with risk and young people who are experiencing suicidal feelings.	✓	
To be experienced in dealing with safeguarding issues, to be able to demonstrate knowledge and experience in	✓	

keeping young people and vulnerable adults safe from harm.		
Be able to work as part of a team.	✓	
Be able to work within the BACP Ethical Framework for the Counselling Professions and follow the procedures of Winchester Youth Counselling.	✓	
To have experience of providing both short term and longer term working.	✓	
To have knowledge and understanding of the differences between working outdoors instead of indoors		✓